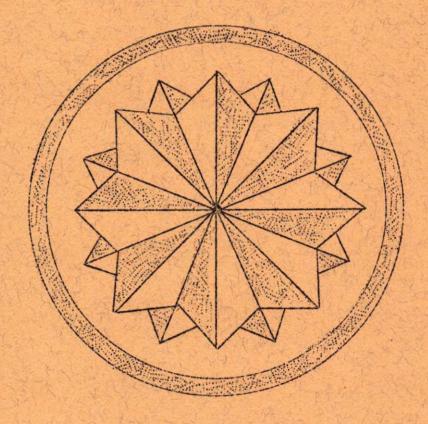
SEANCE MEMORANDA from the

Inner Circle

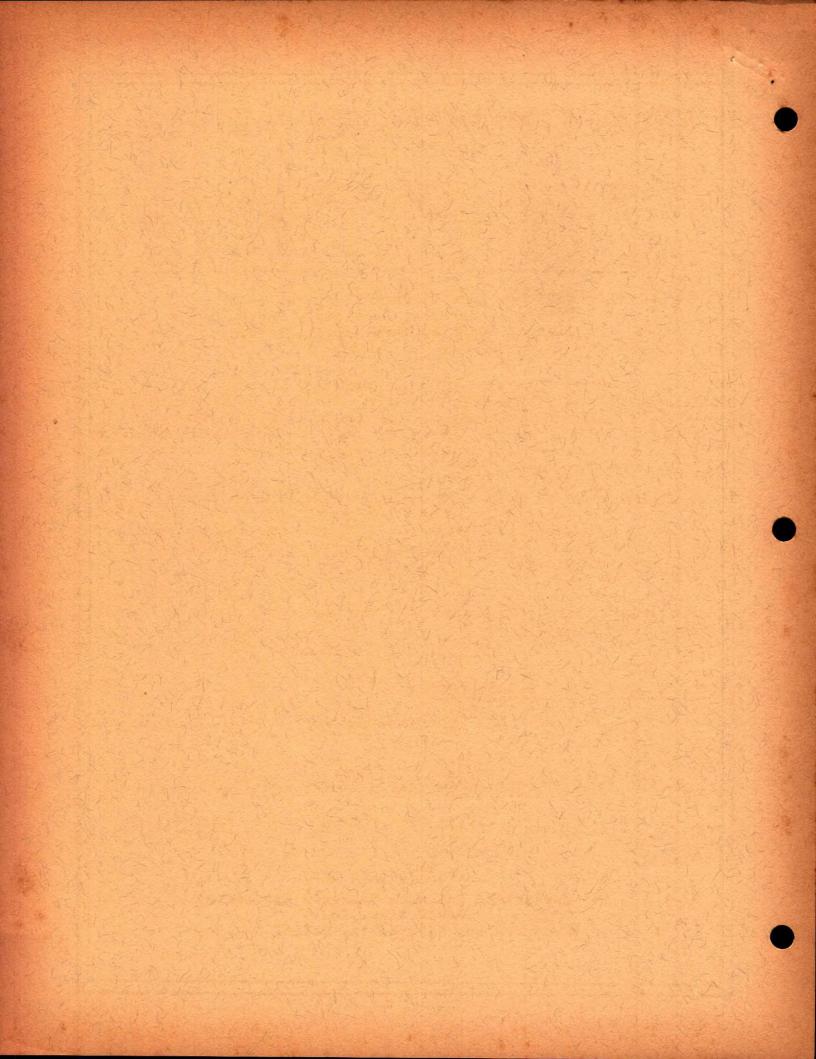
BSRA NO. 10 - I, Part II of the 1950 Series of Seances, Previously Unpublished, April 20 thru May 11, 1950.



through Mark Probert, medium

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SEANCE MEMORANDA OF THE

Inner Circle

BSRA NO. 10 - I: UNPUBLISHED SERIES, 1950, Part II

INTRODUCTION TO PUBLISHED SEANCES of 1950, By MEADE LAYNE, Director

These booklets contain reports of trance mediumship only, and are concerned mainly with the opinions of astral people on scientific, philosophical and occult problems. They are printed for informative purposes only and not in the interest of any cult, organization or religious beliefs. Mark Probert is a non-professional trance medium who has received no compensation for some four years of service, apart from donations at a small number of public seances.

To conserve space and reduce publishing costs, the names of sitters are usually omitted, along with irrelevant conversation and questions which can easily be inferred from the nature of the replies. Replies of the Controls are sometimes condensed but care is taken not to distort their meaning. Except where otherwise specified, all sittings were held in San Diego.

Copies of these and of previous reports may be had from Borderland Sciences Research Associates Foundation, Inc., P. O. Box 548, Vista, California zc 92083. Send 25ϕ for complete BSRA publication list.

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CONTROLS IN THE ORDER OF THEIR APPEARANCE

Yada di Shi'ite, Professor Luntz, a lost dead pilot.

SEANCE DATES

April 20, 1950, April 27, 1950, May 4, 1950, May 11, 1950.

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SEANCE AT THE HOME OF MARK PROBERT, MEDIUM APRIL 20, 1950

CONTROL: YADA DI SHI'ITE:

(To Meade Layne) "Sir, you were speaking of a strange metal used by the Atlanteans?"

"Yes - orichalcum. Some thought it was an alloy of platinum, copper and aluminum," answered Meade.

"In your English language there is the name slag, which is the skimmings of melted lead - that is the substance of which this comes - it is the dregs of pure copper, melted copper, and when treated by a high electrical current, it is harder than copper or steel. In my time they had an instantaneous charge of electricity that was comparable to your X-ray in speed; you understand?"

"Not quite - what kind of electrical charge?" asked Meade.

"Positive electric current."

"How was it generated?"

"By a dynamo; and it was a friction electricity. In this way was copper handled: it was treated to several millions of volts -- an instant transmutation."

"Orichalcum was slag from copper treated in this way?" inquired Meade.

"Yes. It is sometimes hard for me to express my thoughts in the English language. There are some words that I am not familiar with concerning certain subjects."

"Are you familiar with our metal - aluminum? - or aluminium - a very light, white metal?"

"Aluminum? Is it mixed with something else?"

"Yes, as an ore, it has to be processed -- it does not occur in natural form. It was discovered in 1809 -- we are interested to know if it was known to the ancients."

"It was. If man will make a study of the metallurgical history of Persia, it will be found there -- ancient Persia."

"Have you any idea how far back we will have to go?" asked Meade.

"79 B.C."

"Was it used for manufacturing -- if articles were made of it?" asked Meade.

"That I don't now remember; I would have to find out, sir. It was also known back in the early days of Cathay, for Cathay, its people, are descendants, in one way or another, of the Atlanteans. For the Atlantean people were the people of YU."

"Thousands of years later?" inquired Harriet Foster.

"Oh, much! Atlantis existed some 200,000 years ago. Your world is many billions of years old -- not millions, billions! Your scientists in their seeking and believing they can tell how old the world might be by judging the breakdown and building up of certain types of matter, are wrong. For they do not consider, or have not up to this time, I believe, that certain particles that come from interstellar space, sometimes referred to as the cosmic showers, causes an extreme breakdown in some matter and also a more rapid build-up of matter. It is not particularly the wear that goes on or the degeneration of matter that goes on upon the physical plane, but they must consider these particles that do the changing. Your earth and all bodies throughout all space, are constantly being bombarded by these particles. It is the only way that bodies can be kept going. It is regeneration through the great electrical current.

"The other evening, my most honorable colleague, Ramon Natalli, told of the vast clouds of matter that are flowing constantly throughout interstellar space. This matter feeds the great suns, and the suns break down this matter and send it on to the other bodies that need it. Your world, your universe and all the universes, are neither expanding or contracting, but are doing both. Both are going on constantly. This is the breakdown and build-up form of activity that keeps the universes in form, in shape, in matter."

"That is the usefulness of the cosmic ray to our Earth?" inquired Meade.

"Yes - without this your Earth would wear away. If there was only degeneration or deterioration, your universe, and all of them, would have long ago gone back to the state they came out of. I am sorry to have to depart early this afternoon."

"May I ask a question about the origin of the Moon -- did it originate genetically with the Earth? Was it captured? Or did it pre-exist the Earth, or was it later in origin?"

"It came later; it formed its own lines or stresses for its particular form of matter to cling to, some billion years after the Earth was formed."

"Was it a celestial body that drifted into the field of the Earth's attraction?"

"It was always in that field."

"It had its beginning in that field?" inquired Meade.

"It had its beginning, because it had its place. It was necessary, its form of motion or attraction, was necessary for what was going on on the earth. Without it, your Earth would have been vastly different, from the very beginning."

"Was it ever a part of our globe?"

"No. It was never thrown off from your Earth. It was not until the Earth cooled sufficiently that the Moon came into its position. There was no need for it until the Earth had cooled."

(Harriet Foster asked about Rosicrucian theory of the Moon being used as an evolving place for stragglers from the Earth wave of evolution.)

"That is all right -- but who knows who the stragglers are, or what? That, once more, is coming back to 'I am higher than you.' But we will talk of these and other subjects at another time. And I want to say to all of you, as I said in the beginning, each evening, before goin g to your dream-world, say to yourself: 'I fear nothing, for I am all things'. Think to yourself: 'Whatever came upon the earth had already its sustenance waiting for it.' If this is true of other things, it must be doubly so for you, the thinker. Nothing can harm you, but yourself. Be calm under all conditions, and know that you are God. Good evening." (Yada withdraws).

PORTION OF SEANCE AT HOME OF MARK PROBERT, MEDIUM

Thursday, April 27, 1950

PRESENT: Amelie Wankmueller, Irene Probert, Hilda Runk, Meade Layne,

Harriet Foster and nine other guests.

CONTROL: PROFESSOR ALFRED LUNTZ:

"Good evening, friends. I felt I must come and speak a little of my 'naive' letter."

"You were listening, then, when your letter was read?" asked Meade.

"Yes -- your 'goldfish bowl' life, you know! Dr. Layne, I do not deny that the letter, in part, is naive. Nevertheless, it is not so much for financial gain for the boy (our mouthpiece) and his wife that we wrote the letter, but that we may stir the people who are really interested in this work to some vital action. To send \$100, or \$200, or even \$1,000 is not the answer. The need is for action -- and there is none. There are many things being said -- (yes, I know people are enthusiastic about much that they hear through these communications) -- but that is all. A pat on the back does no good except to build up the ego of the boy - and heaven knows we don't want that!

"I would suggest that letters be written to that effort -- not finances, not money. The money will come of itself if people take sufficient interest to interest others -- to see that places are made available for us to speak through the boy, and all that part of it. I do not know what you can do about that, except perhaps use some of your present-day commercial advertising methods. There may be other ways of going about it. Surely among all the people you know some of them must be of sufficient means to be able to do something about it. Or do not you think so?"

"It is hard for me to know just how to implement what you are saying. People have to have a specific proposition made them, so they can be sure of what is being done. Many attempts have been made, but there have been no definite results from them. Year after year, and nothing coming of it!" said Meade.

"Then it is quite apparent to us that there is not much use in going on further. You of Earth have brain power; you know what the situation is. Surely if you cannot be stirred into action, into knowing what to do -- then what are we to do. What are we to do? We have gone, sir, to many members of the B.S.R.A. and tried to impress upon them the need for more action, the need for them to do something -- to arrange groups, not only in this city, but in other cities."

"It would be a terrible loss to us if you decided to stop these communications, a terrible loss! But I personally do not know what else to do. If anyone can suggest something, I shall be glad to do all I can to carry it out," said Meade.

"We know that you have done your best -- we know all that you have done, and we will try to go on a little longer."

"What about the group in Salt Lake City? We had hoped something would come of that."

"We expect the boy to receive a letter from Salt Lake City in a short time, within a few days. Things do not look too bright there, however. It is a Mormon city and they are very clannish and shut in among themselves. They are even more confined in their minds than the Catholics; so we do not hope for too much from that city. There is a possibility, however, of a more or less personal (?) group there in Salt Lake City — but I do not wish to hold up this meeting with more conversation about this."

(Harriet Foster speaks of Mr. Ronald Smith's plan for getting groups of ten, or so, persons interested in contributing a certain amount -- possibly \$10 each a month -- to help in furthering the work).

"Of course, financial help is necessary, and important in a way, but it is not the crux of the matter. What we need is a spread among larger groups. Then the financial end will be automatically taken care of."

"What about spreading the work through larger distribution of the publications?" inquired Meade.

"That would be an excellent way if you can do that."

"That was what Harriet was speaking of in regard to the Ronald Smith offer. As you know, we are more than a year behind in getting out the Seance Reports. Try as we can, it seems simply impossible to keep up with that part of it -- without secretarial and clerical help."

"Yes, we all know the efforts of 'Lady Foster', shall I call her? They are far beyond what she should do, etc. 'Jesus wept' -- with all His power, He could not awaken the people to what He had to say! So who are we to worry that we cannot? He was scorned, defamed, reviled. The witch-doctors, and the high priests and the cliques of all sorts saw to it that the words He said were turned around to cast fear into the hearts of the people. Come hell or high water, those at the head see that the people are not allowed to know the truth -- as in your day in the case of the 'flying saucers'."

"If there were a great increase in these phenomena, that might help in the sale and spread of the book we have published?" asked Meade.

"Yes -- and there are going to be many, many more in your skies -- in wholesale lots, you might say! And this gentlemen, Mr. Taylor, in the State of Texas, is going to be set back upon his pretty heels.

"Friends, your world is guarded by Breat Beings. All of you, at one time, were a part of that great civilization, the Etheric World -- but man, upon coming into the physical-chemical world, lost the knowledge of who he was and from whence he came. He has fallen under the hypnotic spell of physical glitter, and therefore he suffers. He is a zombie upon earth -- he sleeps, and he must continue to go through the state of 'death' until he learns that it is not necessary, that it is wrong, that it is one of the greatest evils that have come upon him; that he need not die; that the physical body need not go through deterioration, disintegration!"

"Shall we advise people to get in communication with the Etherians?" asked Meade.

"We do indeed. And there are several ways we would suggest: through light signals or symbols."

"The only symbols I have been able to think of are mathematical ones -- such as Pi -- using radar, perhaps ---- or through lights. But I think our usual symbols would not be intelligible to the Etherians," said Meade.

"I feel sure that some of your older organizations, such as the Masons, could use some of their occult symbols. I think there are some parts of the country where they have been seen that would be better than others for making contact."

"Can you suggest some of these places?" asked Harriet.

"Yes; just outside of Boise, Idaho; and on some of your nighest mountains in Mexico."

"I have written the American Rocketry Association about this, but it seems an expensive project to undertake," said Meade.

"We do know this, that these Beings come with peace in their minds to Earth; they come with the hope that they may be able to prevent another war. Because if this 'cold war' should become what is known as a shooting war, it will be the greatest disaster that the world has ever known. For, as I have mentioned in the letter, it will spread not only fires and terrible destruction by vibration, but the poisonous rays that will be left upon the Earth will turn those who are left in the physical body into hideous-looking creatures. It will do the same to all plant, insect and animal life. Things will grow profusely and to giant size, and in what you would term a hideous way."

"Can we have any hope that the Etherians would interfere to prevent such a war?" asked Meade.

"Yes, you can. We can assure you that they are not only interested, but hard at work doing what they can to prevent this cold war from becoming a hot one. And it is not entirely an unselfish act on their part, for their world would be terribly disrupted for many millions of years.

"Now, we have held in the past, as you know, that there will be no open war. He still hold that hope. However, the situation is extremely critical. We are standing with bated breath.

"We have mentioned also, months and months ago, that this man Tito will side with the Western world should things come to a showdown. About the plane that was shot down -- it was attached and shot down intentionally, but not under the directions of the high Russian officials. The pilot and officers of the Russian plane took the matter into their own hands; and it was done by the stupid and callous in the hope that it would start a shooting war."

"Was our plane armed?" asked Irene.

"No. This is some of your fine politics! It aids nations in keeping on the straight and narrow path of understanding! But the people of Russia, like the people of any nation, do not instigate wars; it is those in power, with the thirst for more blood. They are living vultures -- not happy until they see blood."

"Is there any hope of internal Russian action to prevent this?"

"There is great underground unrest. Stalin is not loved by the people. Tito is far more intellectual than Stalin, far more cunning. He cannot be duped. However, you have also in this country a great faction that is hoping they can start a war without the use of atomic power. If they can do this, nothing will stop them, for it will be highly profitable to them. They will have in their power millions of people living like pigs, completely under their domination ...

"Now, this sounds depressing, doesn't it? But let me look at it in another way: what goes to make up nations? Individuals, eh? Then is it not wise to look into your own back yard? Learn the meaning of your inner life; get to know the occult way; find out who and what you are, what is expected of you while on the physical plane; learn the laws of taking care of the physical body, so that in times of crisis you may be able to help those who are in mad panic. You cannot prevent a war by being panicky, by being fearful -- but you can help to forget it by sowing seeds of brotherly love among your fellowmen. That is your duty -- not only to others, but to yourself -- your service to your fellowman, whether on the physical plane or the astral plane. For you can help those on the astral plane too, you know, merely by giving prayers for their guidance, their progress, for the helpers on the astral planes -- ask for their strengthening. And go mentally to the one who is being prayed for."

(A guest asks a question regarding a friend who has been given a shock treatment in the psychopathic ward of a hospital).

"Because the vital forces in the body are electrical in nature, the medical world feels that shock treatments will probably adjust that electrical nature to its normal state. What they do not know, however, is that each one has a different type of electrical motion -- that each individual's body produces a different rate of motion of electricity -- so they give everyone the same electrical shocks. I suppose, in the course of time, they will awaken, as the doctors did to the fact that blood transfusions would not do any good unless typed. They killed a number of people before discovering this. Each person's electric make-up carries a certain wave-length.

"There is much more to be said about this man. He went through a great deal of suffering during the last war. This suffering was primarily mental. Although he was wounded in the foot, he suffered more mentally. The loss of part of the body does not cause mental loss. The mental anxiety he went through produced strains and stresses in the physical body. The entire nerve system suffered tremendous shock. Such high tension naturally is going to cause after trouble; and this after trouble has settled in his spine alone — the nerves of the spine — the main trunk—line. We feel that if he is fed in a proper way so that he gets the proper vitamins and minerals, and has his body worked upon by a competent osteopath or a chiropractor, although it will take some time—for the condition has been built up over a period of years—— Yes, I know he has been under a diet and treatment by a chiropractor, but he also needs more than that. He needs to be talked to and shown how the mind reacts upon the body—— No, the shock treatments will not necessarily be harmful.

"He eats excessively because he is trying to escape from the boring things of life. Some people use drink; others use dope of various kinds. But each one of us, while in the physical body, is trying to escape."

"You omitted tobacco, Professor," remarked Meade.

"That is merely a slow form of poison that will eventually lead one to the grave; slower, however, than the others. As long as we continue to put poisons in the system we can expect nothing but suffering. However, I realize -- I do realize, the terrific strain upon human beings as civilization becomes greater -- hmph, greater! You have today in your boasted civilization all manner of places for material things to be housed in -- and properly so; and yet there are thousands upon thousands of human beings walking the streets with no roof over their heads! Now, we do not come to condemn; what good does it do to condemn? We have often said there is no good and no evil but what man makes. Do you feel that your present era is worse than any other period of time? That is pure nonsense -- it is not. It is only that in your time there are greater means of destruction."

"Greater than in Atlantean days, for instance?" asked Harriet.

"If one could make comparisons -- yes. But there can really be no comparison made, for each civilization is a thing unto itself. Did you ever hear of sleek, beautiful motor cars in 1900? No, each thing to its own time. That is why we are not panicked with regard to the boy and his wife and as far as we are concerned --- We can only hope for a brighter outlook, perhaps tomorrow.

"Friends, please, we beg you, do not be discouraged or alarmed! Nothing can happen to you that was not meant to happen to you. Do I sound like a fatalist? No, I am not -- but it is your own thoughts and acts that determine what will happen to you. If your physical life comes to an end, you will take it up in another plane. What can happen to you that can be feared? If these things called atomic bombs should destroy the whole earth, that would not destroy you. You are what could be called a great light caught in the darkness of a body that you built yourself -- and you will have another and another body as long as you have a desire for one. Good evening." (Control withdraws).

CONTROL: YADA DI SHI'ITE -- first speaking in his ancient YU language, and smiling over the various interpretations given by those listening for the word "lo-ga-to". Beginning to speak English, he explains that he was saying, "It's as easy as rolling off a log."

"You see what a barrier language is, my friends? Each one of you had a different interpretation. But, in time to come, there will be but one language spoken on the Earth. No, not Esperanto -- strangely enough, English. But not the complicated form of today . . .

"The law of life is progress, learning. If everything ends at death, then everyone should commit suicide at birth. All things progress slowly,

growth is not jumped into. All chemical reactions progress slowly. From your viewpoint things may seem to progress fast; that is an illusion of your physical senses. Does an explosion go boom!? No, it is like the process of a beautiful flower opening; nothing really moves -- it is in your mind. If you understood motion, you would see why things seem to move slowly or fast. Motion is your state of conscious awareness. There is no such thing as 'endless' or 'instantaneous' -- it is your particular state of awareness of the motion of that thing."

"If there is an explosion, we all hear 'boom!' Do we all hear it differently?" inquired Hilda Runk.

"The rate of vibration of the sound in this boy's ears travels at a certain rate of speed; that is a law you in the physical-chemical body must abide by; but what does it travel in? What is this ether or space? And if it is apart from you, how do you get at it?

"It is exactly the same as this you call telepathy -- only you believe that in telepathy something must move from a physical brain here to a physical brain there; but what moves?"

"What about the sounds beyond our power of hearing -- as in the instances of soldiers being injured in the last war by sounds they couldn't hear?"

"Yes, indeed. We have spoken much of sound as an effective weapon -- the laying down of a sound so high of vibration that it cannot be heard, but which will cause paralysis, temporary insanity, high blood pressure; there are also sounds so high they cut like a knife . . "

"Can you tell us anything of the strange humming sounds heard over England?" asked Meade.

"This, sir, is a psychic condition of the people -- and it causes such stresses in the ether as to eventually explode of its own accord. I am speaking of the humming noises and the explosions and various forms of sound that have been heard over different cities in different countries, only sometimes the people are not fully aware of them."

"Is there a local cause?"

"A nation or people under an extreme state of duress creates a condition in the body of actual chemical stresses. These are let loose into the atmosphere, and I believe that the people in England, as well as those of many other European countries, have suffered from great strain. These are electrical in nature, and they build up at tangent with one another, not in line ... "

"You mean stresses in the ether?"

"Yes. I do."

"And their origin lies in hear-living people?" asked Meade.

"Yes. You may look back in history and you will find that in the sections where the struggle has been greatest, the weather has been bad. Why? Because the mental affects the physical --- and the people in that section suffer great epidemics and diseases; whereupon your medical men seize a needle and jab it into them. This is good, because this reduces the stresses by irritation."

"And the explosions that are heard at such times; do they tend to relieve the situation?"

"Yes, indeed, and if it were not for them, the people themselves would blow up. Wouldn't that be nice? Seriously, though, both the humming noise and the explosions are caused by these stresses."

(Meade questions Yada concerning the concussion.)

"The concussion from such can cause death -- it is more than the human body can bear. They are not a portent of something worse to come; they are like a safety valve."

"Can any of you tell me a single truth?"

"Yes -- one plus one equals two," answered Meade.

"There are on some of the inner planes some things that cannot be gotten at by saying 'one plus one equals two' -- because things exist in fractions . . "

"Can you on your plane, or on any plane, draw a line that is equal to the square root of 8?" asked Meade.

"I do not think so."

"That would mean your matter is all particulate?" asked Meade.

"Yes, it does --- If only on each plane there were certain set laws: this is this; that is that -- and there were no changing! But constant and continual change is the law in every plane of consciousness. 'If' - what a little thing man's consciousness hangs upon! I say that to bring to your attention the importance of little things. There are in the heavens suns large enough to put fifty million of your suns in -- and then they would rattle around! What is size?" (Tapping forehead) "This is size. And if you do not exercise, you will have no size. (Ha, nice pun, eh?) All things are merely one thing: consciousness.

"Suppose I were to hypnotize you and tell you that when you awaken you will not know of the existence of this thing out here, and when you come out of your hypnotic state you will not be aware of it. But if you

walk against that thing, you would come up against it. Because all I have done is to set aside your <u>sight</u> awareness of it. I would have to go on down the line and set aside your sense of smell, your sense of touch, of hearing, before it would be eliminated and you could walk through it."

"Is that possible?" asked a guest.

"To certain people, yes."

"Are you aware of the walls in this room?"

"We are aware of walls if we wish to be aware of them. The body we call the 'ghost body' is not less dense than your physical body; it is denser by far, and a hundred thousand times denser than lead, is this ether you walk around in; yet you walk around in it with ease, because your consciousness is not down to that rate of motion. The atomic structure of this ghost body is more compact. The atom itself of which it is made is extremely small. Its electronic field is far closer to the kernel of the atom than it is in your physical-chemical body -- it passes right on through your substance."

"How about the higher parts -- the mental and the spiritual?"

"For every plane of consciousness, man forms a vehicle to work in. Now there comes a time when the vehicle he chooses is of such a nature that one living in the physical-chemical plane can only term it a focal point of light, a focal point of intelligence. But man does not reach that state until he has gone through many, many lives and really gets to understand who and what he is."

"Would that be an etheric state of consciousness?" inquired Harriet.

"Yes. Is man seeking a God to please? God needs not man's pleasure; for man is God. Because we mentioned this in a certain northern city, we were called Communists -- and more, the boy was accused of this and that and the other thing by the unthinking. The public eye can bring you great misery, so do not seek to become famous in the eyes of the public. Do your work in silence and with the true desire to be of service to your fellowman -- not thinking of rewards or punishments. You are your own heaven and hell. How could man think of a worse hell than the suffering of the physical-chemical body? But as long as he has brought it upon himself, he must work himself out of it. If he stops to think, however, that it is hell, that it is a curse, that it is demnation, then of course he will lose all the great desire to rise above it; he will lose all inspiration and sense of grandeur -- and this man must have. His sense of ego being caught in the physical-chemical world must not be held down. It is repression and suppression that causes many of your physical ills. Each one of you, from day to day, should make an effort to inspire one another on to greater things. Never, never tell another that he is foolish or stupid if he does not share your ideas. Tell him what you think to be true in a quiet, nice way, and if he doubts you, tell him how you learned what you say; and if he rebels at that, let him go until the day

when he will come to you and say, 'Brother, I need your help.' To shed your light in another persons's eyes is not wisdom; it may be more than he can bear, and he will turn on you. So out of something good comes evil. Know only that you -- every one of you -- are IT, capital I.T. And the great love of your God be with you always! Good Evening." (Control withdraws).

CONTROL: LAO TSE:

"Honored am I to be with you, and I bring the blessings of the 'Inner Circle' to your house. I listened to the talk of Yada Di Shi'ite,
and much of what he had to say took me back to the days of my learning,
to the days of my seeking that which did not exist and could not be found;
but one finds it by the seeking -- that is, the understanding of the Self.
If man could only bring himself to know that he is the world, he is the
central point out of which all things flow and eventually return!

"Much has been said about my greatness as a person -- but wherein lies my greatness? Was I any greater than the beggars of the streets of Lo, the province of Lo? No. Greatness lies in action only, for all things lie in action. You live, yes, you do, in your acts and in no other way. Does the knowing of this not cause the desire to always consciously be acting in beautiful harmony with life? For in any one of these acts we may find the change called death.

"Once some brilliant thinker said that he desired to live so well and be loved so well that when he died even the undertaker would cry! That is almost too much to expect, eh? But that is what we should all seek after. When you get to understand that in action there is endless action, you will not be concerned about the morrow. You will know that all is well with you. I know that such words fall upon deaf ears when those ears have an empty stomach attached to them. It is foolish to talk of philosophy or God to a man with an empty stomach. Too often those who profess to teach, speak only of the spiritual life. Man has a physical body to abide by as long as he is in the physical world. If each one of you would see to the wants of the other, then no one would go physically or spiritually hungry. Your Christian Bible says, 'You are your bother's keeper' -- but you must be gently so, intelligently so. Until the mind of an individual expands in knowledge, in wisdom, he is ever a child in a physical body, and suffers from the desires of that child body.

"Man cannot satisfy any desires he has whatsoever. The best he can do is to pacify his desire. So do not seek to satisfy a desire; know that as long as you are in that physical body, you will be beset by all manner of desires that you can only pacify, and that by training you acquire sufficient wisdom to alleviate these desires by bearing with them when you cannot at the moment express them. The difference between sanity and so-called insanity is the ability to control your desires according to the environment you live in.

"If you saw someone eating soap in this country, you would want to put him away. 'That is sheer madness,' you will say. But there are places in the world where people eat soap and enjoy the taste of it. In different parts of the world people eat things that you would think too disgusting to be touched, much less eaten. 'All the world is crazy but me!' Did you think I was going to say 'me and thee'? No, I know nothing of anyone but me. Now, has anyone something to say?"

"What can you tell me about the return of my friend R.W. from India," asked Hilda Runk.

"Several small things became large things: bad weather and a lot of what you call 'red tape' in getting around, and also -- and more than anything else -- lonesomeness for her friends in this country. Had she wanted to stay beyond all things, she would have stayed. Even though they wanted to put her in irons, she would have stayed. We never do anything but what we want to do. Do you doubt that?"

"Do you mean consciously desire?" asked Meade.

"No -- it is because we do not realize what we are desiring. There are many levels of consciousness. There are times when the physical body meets with conditions it cannot cope with on the levels of consciousness upon which it is functioning.

"Friends, if we could communicate telepathically, the possibility of misunderstandings would be done away with --- "

"Can we acquire that power?" asked Meade.

"Yes, indeed -- but it requires patience and quietness. And we cannot tell you how to break away from these conditions, because our words are like the cry of a child on the wind. You must come to this knowledge yourself. All we can hope is that our words will be like seeds and will find a fertile place to fall upon. But each of you is on his own secret path.

"Now I must go, because we do not allow the boy to become weary."

"We shall make every effort to see that your communications continue. It would be a great loss to us if they were stopped," said Meade.

"Sir, we would be only too happy to continue. It is only that this boy cannot stand both mental and physical strain. We can restore the physical energy we take, but we cannot work when he is under mental strain That is the trouble with a sensitive — the make-up of his entire nervous system makes him like a taut bowstring, subject to every little change. And this begins to wear upon the physical body. These people, friends, are not fortunate in the way that you may think; they suffer greatly more than the average individual. But they are not to be pitied for this — that is foolishness. They are like a cripple that is born a cripple — they cannot help it. And fortunate are they when they are able to attract to themselves the right forces called discarnate beings."

"That is why we are so grateful to you of the 'Inner Circle' who protect Mark," remarked Irene Probert.

"We are not entirely without selfishness in this work, for we hope that this service may gain for us some advantage if we should return to the physical body. For the satisfaction of desire brings equilibrium to your life. Now, good evening!" (Control withdraws).

ROUGH NOTES OF SEANCE BY MARK PROBERT

May 4, 1950

CONTROL: YADA DI SHI'ITE (Mantrams and invocations in YU language)

"Good evening, Ladies and Gentlemen. Creetings, my friends. To you the blessings of the Inner Circle and of your God and my God. Over the Boy's shoulder I read the paper he was reading .. "

"Can you make it out? You mean the little book?" inquired Irene.

"Yes. I want to say a little about what he was remarking upon concerning the soldiers who go through the change called death in a war. It is believed by some that these depart out of the physical body under such duress and great violence, and so many, many of your young people have gone that way and go that way in all wars. In the Vohu it says that these have no further chance to return to the earth -- that they have lost or have 'cheated' - is that a good word?"

"It means 'gained by unfair means.' That they have been taken unfair advantage of, or been 'cheated out of the chance'" answered Meade.

"Yes. And that, therefore, they have no further chance to grow -that in the spirit world they are more or less lost. What a hopeless
teaching! I do not know the man who wrote it .. "

"It might have been the book of Mr. Wing Anderson; Mark has been reading that," said Irene.

"Yes. There is no such thing as a lost individual. Your Christian teaching, at least from your temple ministers and priests, try to bring out that idea, also, that a soul is lost if they do not do this or that, or have not done this or that while they were on the earth plane, or if they lost their body in this way or in that way, that there is no hope.

"Man does not seem to realize that in this which is called an 'in-dividual' he is considering the body only. Man is not lost. The individual ego is not lost, for it is through the power of that ego that the individual retains his 'awareness' sense. For the ego is an impulse from

the great electric current called life. How can it be lost? No matter how man leaves the physical-chemical body, it has no effect upon the mentality of that person, only to the extent of how his living on the earth has affected his thinking ability. If what has happened to him here on your plane becomes imbedded in the soul seed through great desire, then he or she will take with them that desire and act it out and react it throughout time until they have learned that that thing, whatever it be, is not necessary for them any longer. Every experience that man has is a valid one. It is only through experiencing life that man can grow. It is not what man does that brings him great joy or injury, that is an evil or a good, but how it becomes impressed upon the soul's seed, and to what extent ... what is he thinking when he is committing a certain act? --- good, or so-called evil? The evilness of an act lies only in how much he takes in unto himself and holds the act there."

"Is it better, then, to take all experiences lightly and casually?" inquired Meade.

"It is -- to stand aloof. Do not become the act that you are committing, for all acts on all planes are exterior, and not interior. By that I mean to say, whatever plane of consciousness man enters, and is, he eternally has an outer state of awareness in which to carry out his inner urges or thoughts. Of course, some may feel that this is 'maya', but be it so, it is still there."

"All planes are planes of illusion?" inquired Meade.

"All planes are planes of illusion. There is no set concrete stopping place in which one can say 'ah, this is reality; this will not change Forever and forever this will be as it is, as I now observe it to be.'
No, for all is but consciousness, and consciousness exists through eternal change. So you now see why we teach the being aloofness -- not becoming attached to that which you do --- well, more --- whatever you do, do so with kindness in your heart; with love in your heart; then you shall not become attached, because love means understanding and understanding means the giving of freedom to all things, and if you give freedom assuredly you receive freedom, and nothing, therefore, shall harm you. It is because man believes that something exterior to himself can hurt him, it can hurt him. It does not become an evil, but the evil is to him."

"Is there not a deep craving in human nature for certainty, surety, for absolute values?" asked Neade.

"Most assuredly there is, because man, when he created mentally and caused to come into a three-dimensional aspect, this - what you call the physical-chemical world - he fell into the hypnotic belief that there must be something, what you call concrete, real. Man is eternally seeking this will-o'-the wisp, and it is well that he does so in some respects because it keeps him on the Great Quest; it forces him to seek the Light, the Path. In the beginning man did not need such beliefs, for he knew that all was consciousness, and that he was the creator; but losing completely, losing this and falling into the hypnotic trance state of

belief that matter is really a concrete something, he has set his heart upon it for he knows no better. But when he is brought here, he comes out of that trance-like state, that state of deep lethargy, then he will understand that he need not seek further for gratification of any kind without knowing that it is his thoughts that has created the condition in order to gratify the particular kind of a vehicle he is manifesting at any point of what you call time. Do I make myself clear, friends? Do you understand?"

"I think so," remarked Meade.

"Have you something to say to me on that? I will listen to you. Perhaps my words are not too clear, so I shall attempt to make them clear by listening to you."

"It is very much like the theory of the Christian Scientists, but they do not quite know the whole truth of what they say, I think," said Harriet.

"In many philosophical teachings, those who hear these teachings, for the greater part, do not understand what is being said. For the teacher himself does not understand, so he cannot make it clear. These teachings have been handed down to him when he was not yet ready for them, and so it has been our desire always, after we have made any given statement concerning a situation, we then ask of you, what do you think? Do you understand what we are saying? It is useless to make motions with the mouth unless the one to whom you make those motions understands what you are saying. For what good is a teaching unless you can use it, put it into action? That is the greatest trouble today upon the earth plane. There are many talking whole libraries full of words, yet no one understands what has been said, not even the one who has talked, for the talker has not been interested in finding out from those he has been attempting to teach whether they are at all touched by his words, at all reached. The consciousness of an individual is not as easily reached as appears on the surface; that is why there are great wars between nations, between individuals -- and within individuals. Indeed, that is what creates within the one the frightful turmoil, trouble, upset; and the results are illnesses - mental and physical derangement - your institutions for the what is called mentally 'unbalanced' are simply jammed to capacity."

"Yes, that is true," said Meade.

"A nice thought for your civilization - speaks well for the advanced state of your civilization. Is this state of advancement too great a strain upon the brain of the people who live in your civilization? Is it because the physical mechanism has not developed to the state where it can understand these things that it compels them to break down?"

"What about the degree of advancement of the incarnating entities? Doesn't that enter into these individuals' reaction to our culture?" inquired Meade.

"Yes, it does. Every one that experiences life on the physical plane, passes on to whatever other planes of consciousness they are suited to or for. There they will learn much in that other state of consciousness; and if they are not prepared to a greater extent they will return to the earth plane and take up another physical body and go through the same routine again until they do learn."

"In the beginning you spoke of those boys taken during battle. Is there no further progress for them?"

"There is, indeed. Many of them have returned to the earth plane already. You will take careful note; during great wars upon the earth there is a larger influx of male children - is it not so?"

"Yes."

"90%, my friends, just think of it, 90% of the people that pass off the earth plane are not by any means ready to do so. They know nothing of life; they are still in that lethargic state, and it is that which brings them back. The desires of the physical-chemical body have not been fulfilled."

"You have said, and Professor Luntz has said, that there is no such thing as accident; that we go only at the right time for going. But when all these young men go over during a war, does not the unintended happen then?" inquired a guest.

"No. There are ten thousand ants walking along a path. You do not like ants; they disturb your private life, so you do not want ten thousand ants walking along in your house somewhere; so you kill them off. Each one of these ants are a separate individual. They have within their physical-chemical makeup, called the body, the life spark. All you are doing is destroying that particular body. That life spark will return and build another body, and undoubtedly a better body. You people count what is called the body; you concern yourselves with the body. So you, therefore, suffer by the body. It is said that one that lives by the sword dies by the sword. Is it not also true that one that lives by the body dies by the body? Man is supposed to make this return to the physical-chemical plane until he learns that he does not have to go through the state of death; he does not have to lose the energy of which this physical body is made up; he does not have to lose this mental energy ... that this physical body can be disintegrated out of physical-chemical sight and he takes the energy with him, but not to what is called the world of death. No, the world of death and the great etheric world, out of which all has come, have a great wall between them. This is the wall of wisdom that cannot be gone around. It must be climbed by great effort. Is it worth that effort? It is. It is the only thing - the only thing. For once an individual gest over that well he is then and only then a free individual in which no part of the universe is master to him, for he knows that he is the universe. What have you to say?"

"Can a man reject that principle, that impulse to growth? Can he say no?"

"No, he can not. There is no such thing as actual cessation or stopping or stagnation. No, it may appear upon the surface that that individual is lagging, therefore he becomes what is called the lost unit. No! He or she is merely to that particular point of growth along the Great Path. How are you going to make comparisons? Who is to be the judge? What is the criterion on which you can build such an idea? That little spark called the individual is doing the best that his mental capacities are capable of allowing him to do."

"Might I ask - when a person who is mentally deranged passes over, off the earth plane, into what kind of state does he arrive?" asked a guest.

"It is quite likely that he will still be deranged; that he will have to be taken hold of by one of the teachers on the astral plane and brought into a clear understanding. Now, the mind is not deranged. No, what is happening is that the circuit of the physical brain and the nervous system is being cut off, or sidetracked, or routed in some other direction; therefore, the self, the ego that belongs to that particular body is not capable of breaking through that wrong connection. He cannot face it, nor can he break through the condition. So his physical actions are called insane actions because they do not conform to what is called normal, which sometimes, as I look upon the world, I wonder what the term means!"

"Aren't the majority of those cases possessed of an evil spirit? asked a guest.

"Hmmmm! Sometimes -- not always, but sometimes. When the circuit called the nervous system goes out of right action it naturally leaves the psychic door open. Then all kinds of discarnate beings, who have not been trained concerning life, flock to that open door. Many of them do not mean harm, but, not knowing, they are attracted by that light, and try to handle the physical body of that individual, and we call that person obsessed or possessed. What is necessary is to bring that circuit back into right action and that what you called deranged condition would be cured; and if it is an obsession it would close the psychic door and the person would be his own particular self again. Insanity, like all other illnesses that beset man, is made by that individual, is brought about by his thinking; every little thing that you do, if you give actual concentrated thought to that thing, you are attracting to yourself, from the world of the unseen, many kinds of forces or entities or individual human beings that live upon the astral planes, some of them extremely evil for your way of life. No doubt you would call individuals who spend their time imbibing wine juice and taking drugs and all that kind-of thing, you would call them evil persons; but let me tell you that those individuals are acting according to their best abilities to do things. Is man an evil person? No. Therefore, your Master, the Christ said, 'Those among you without sin cast the first stone.' All He meant was that those among you who feel that you are so right, that you know Truth so well that you cannot stand to see another individual who does not believe or think like you do, who cannot see that you have all the rightness in the world -- you cast the first stone. The Christ was also a Master of Psychology. He understood people of His time, which is what a mere handful of your leaders do today. You do not see the names of these people that know and try to aid their fellow men, that try to advance the world's thinking. You seldom see the real ones advertised in your papers? No! But you see all your criminals advertised. That is beautiful. It shows what a great condition man is living under, called 'Civilization', that he brings out his criminals and hides his great teachers."

"Do you think that any period of enlightment is coming upon the world?" asked a guest.

"The job of enlightenment is not a world thing. The world today is no better and no worse than it was in the beginning. The greatness of the advance of the less advanced state of the world deals mostly with physical advancement, science, and so forth; but as for what is called the moral outlook, the spiritual and moral outlook is no different today than it was five hundred thousand years ago when I had a physical body on the Himalaya Mountains. These things man advances spiritually, and more or less through the individual, not through the country, the nation, the city, the hamlet -- no, by the individual."

"But there are more individuals advancing? We cannot always all reach the same state of advancement?" inquired a guest.

"That is right. That is why we have said we cannot compare one civilization with another. My civilization, this civilization, Atlantis, the great and beautiful civilization of the Inca, which belongs to that era, they each belong to their own capacity of wisdom, of understanding life, and of Karma."

"Reincarnation and Karma cannot be understood by the young souls, can they?"

"That is right. You have an old fable about the fox and the grapes. 'I would like to get those grapes, but they are sour!".

"All cultures have spoken of a condition known as the 'Golden Age', but it is always put into the past. What is the source of that concept? Is it a far-off memory of the etheric ages?" asked a quest.

"Please excuse me ... " (pause while control is steadied). "One of the Inner Circle will come and take my place. He will answer the question to the best of his ability, I feel sure. I want to say one thing before I go. You will remember one thing - it is most necessary that you do. Do not be afraid of anything; nothing can happen to you. What can happen that is for you to fear? Just think of that! What can happen? The worst that can happen is to lose your physical-chemical body, and that is not bad -- it is a good, beautiful world that you shall enter into; but yet you cry, you weep, you gnash your teeth for those you love who have had the opportunity to go and rest away from the physical-chemical body for a little while. GOD, your great 'I' is always consciously aware of you. Good evening." (Control withdraws)

CONTROL: Professor Luntz:

"Oh, it's professor Luntz!" said Harriet.

"Hello, cheerio, and hello. As long as you have taken my name, then I shall never have to take it myself. You know, if you would not have such heavy bodies you would not be getting in one another's way; if you were not so physical, all you would have to do would be to think, and you would be back in your seats ... no pushing, no shoving, no taking the skin off one another's body. Some of you have been in large cities, I imagine ... London, New York? Yes? Jolly lot of fun just going home from your jobs, wasn't it? I think it would be good for everyone to wear rompers. I was told off once for using the expression 'Okay' ... I was also criticized for calling myself a preacher, one time. You know, if you mess with a certain type of individual you will take some of their paint off on yourself. I am messing with the American people and taking off some of the paint! What is wrong with countries? What is wrong with 'Okay'? I think it is quite good. Saves a lot of wear and tear on the teeth.

"Friends, I am happy to be among you again this evening. We cannot overemphasize the fact that this communication between the two worlds, by the many words, is man's only saving grace. As long as he keeps an awareness that there is and can be such communication, he shall never go back too deeply into materialism. A bit ago, while I was standing by waiting my turn to use this instrument (that's rather a cold word, isn't it ... instrument ... we like to call him the 'Boy', and we will call him that!

... the devil take the hindmost of these people who say 'don't call him a boy, he has gray hair' ... we call him the 'Boy', and if it builds up his personal ego, good! He may stay looking younger longer!), you were speaking of the people of the world looking forward to a Golden Age."

"They have always placed it in the remote past ... aren't we supposed to be init right now?" asked a guest.

"It is said that there was a great Golden Age. Sirs and ladies, I am of the opinion that there never was, never will be what is called a Golden Age for the entire world. Again we must come back to the fact that the world is made up of individuals, and what is golden to me is plain brass to my neighbor. All that glitters is not golden - there is a very ancient saying! But it is golden to some. So why do any feel that there was a Golden Age in the past, or why do we wait for some future Golden Age? Every moment of our lives is a golden age, providing you will make it so by your actions, by your thoughts, by your desires. You have a golden age. If you wait for it it will be like the couple who waited until they had sufficient money to get married. They went to the altar, he trembling from the lack of youth, and she - well, I don't know that women ever lack youth, but the constant waiting had become such a strain that the thoughts of marriage, physically, were no longer there.

"Do you know that if you have a problem on your mind, if you are afraid that a certain thing is going to happen, that it worries you very much, do you know what to do with it? Bring it out mentally, act it out mentally; it won't be long before you won't give a tinker's dam. Monotony destroys either a grief or a pleasure, so make your worries monotonous until they bore you, and you will not be worried one bit about it if it does or if it does not happen. That is also one way of curing yourself of a bad desire. If you are a drinker, drink until you cannot hold it down longer, and then have someone force it down your throat until you shall not be able to stand the blinking stuff."

"Do you approve of the way of getting rid of a temptation by yielding to it?" asked a guest.

"I once saw a little sign that said, 'Brother, don't worry; today is the tomorrow that you worried about yesterday'" said a visitor.

"That is excellent. That should be upon a great signboard ... most of your scenery is signboards, anyway. You ought to place it along the highway, on signboards, everywhere. Instead of that, you put on the signboards about certain kinds of soap, certain kinds of perfume which make you desirable. A woman never knows whether the man loves her or the soap or perfume!

"We are not criticizing the way you live. We are not ... we are just bringing it out to bring out some of the ridiculous attitudes man takes in all ages and civilizations, which takes us right back to the Golden Age and to heaven. Are any of you expecting you go to heaven?"

"We can't stay in San Diego forever, can we?" asked a guest.

"No, although, according to the talk that I hear on the streets as I walk down the streets with the Boy, it seems to be a glorious place to live. There is no con-

trast between it and London, is there, unless you say one is beastly and the other is beautiful; some people like a beastly city; it is heaven to them."

"We are told that heaven is a place for rejoicing and singing of hymns," said a visitor.

"Heaven forbid! Which again speaks of the Golden Age. There is no heaven, no Golden Age, no hell. It is what the individual likes or dislikes through his particular way of thinking."

"If there is no heaven or hell, if a body on this earth lives a very clean life, does the best he can to please others, and the next person does the opposite ... don't you think the good person should be rewarded for his good on this earth?" asked a guest.

"My dear lady, let me try to explain it this way. The Mind of Nature knows no such thing as what you call evil or good, all this great Mind understands is action. Only man, in his particular three-dimensional way of thinking, conceives what is called good and evil, for if ... let us take it this way; suppose an individual is chopping wood. Now, the goodness of that wood lies in the fact that it will keep him warm by setting fire to the wood. That fire is evil. Also, if a piece of the wood falls out and knocks the man in the eyes, to him that wood is evil, isn't it? The goodness is according to the way that man acts, according to the harmonious ways of life. He shall reap that goodness, because his mind will make a happy condition for him, wherever he goes, and has nothing to do with waiting until death releases him from the physical body. His heaven is within him, and he shall take it with him into every state of consciousness into which he goes.

"Now, the one who is acting evil; to him it is good, he is enjoying it, he has reached a point of equilibrium within himself so that when he passes out of the physical body and enters into another state of consciousness he shall continue to do that which will find him equilibrium, which means peace of mind. It may appear to you that that which he is doing is an evil thing; it is only evil in the community in which he is living. He has to abide by man-made laws, otherwise the entire community will fall into destruction, chaos. But these laws are not nature's laws, necessarily. He shall receive the same reward as the man that was the so-called saint, for it is his own reward. There is no God out here or devil down there that this God consigns you to through some particular physical act. Let us take the man Hitler. A misguided individual, when it came to the use of the natural forces of life. Everything that he did or caused to happen shall not bring him into any greater hell than any of the great teachers that have come to the earth shall bring them into the so-called heaven. The heaven for the good will be no different than the heaven to Hitler, and all other Hitlers, until they realize that they are out of harmony with the life forces. They will discover this along their path - path of growth. When they reach that point of understanding they will realize that they have been out of harmony, and in that moment of realization will begin their suffering. This suffering is the fire that burns away the misunderstanding of life that the individual has been living in. Until all the dross metal has been burned away, and left nothing but the pure ash of wisdom. Even he has a chance, and it is ridiculous to think that any individual can be lost. Nature, or God, if you desire, loses nothing. Can matter be destroyed? No, it can only be changed. Is matter an evil? No, the evilness of it lies in the way it is used."

"If we worked out our perfection, through incarnation upon incarnation, where is the ending?" inquired a guest.

"There is no ending. Let us suppose that you entered into, after years and years ... I mean, lifetime after lifetime of deep devotion to the studies of the inner workings of life, you had finally attained the ending or what you called the perfect state. Do you not suppose that soon this ego would bring about the desire for a change? That the monotony of being perfect would pall upon you? It would drive you to change because it is only through change that life can exist. Monotony ages the body. Once my very dear friend and colleague Natalli made that statement, and I think that in your American slang way of saying it, 'he had something there'. When I look back over my life and I think of the story of the Garden of Eden wherein God sent the angel to drive out Adam and Eve, this God did not commit a wrong in so doing; He did not bring an evil; His act was not one with the purpose of bringing suffering to those that He drove out (if we are to take that story literally, and I hope you don't), but rather so they would not become dead from being perfect, that things would not stagnate from a perfect state. Perfectness means no action, so the life forces drove them out into the world of action.

"Life is to live, and if you do not live it thrillingly, every moment of it, you are foolish, you are wasting it. Do what you desire to do, but do not harm any one in so doing. Do not bring pain and suffering, either mentally or physically, to another. That truly is man's greatest sin. All other things are given unto you to do. Man is a great being, with a great heritage. Look to it and you can only look to it by your day-by-day living. There lies the trouble ... in part, of your world, man's constant fear to act according to his nature. The civilization has placed a ban, a ban upon living normally; the laws cause you to bottle up within yourselves these urges to express. Now, I don't say to be rampant, I don't say to act like one of the lower orders of life; I do say to act according to your normal impulses those things which you feel within yourselves, that the expression of them will give you relief from tension. Tensions created in the body by these bottled-up desires soon bring an illness of the body, and call for the teachings of individuals called psychiatrists, to help you unbottle yourself, and while they are unbottling you they are bottling themselves. There are few psychiatrists that I have ever known that did not need someone to psychoanalyze themselves."

"Can anyone follow these impulses without injuring someone else? It is impossible," remarked a guest.

"There is always someone else with a like impulse or desire to yourself, and by your thinking you surely will attract that person to you sooner or later. They may even be able to give you pointers on what the desire could be brought up to. But to foister that desire upon another who does not understand the strength of its impulses is to cause actual harm. When you find someone that does not desire to do the things that you do, for heaven's sake leave them alone. That may be your physical end if you don't, because you are mixing a wrong kind of chemical."

"When two individuals meet, suppose the impulse is on a lower level; aren't those on a higher level in position to lift them higher?" asked a visitor.

"That is the place of man ... to help his fellow man to rise above the physicalchemical desires of the physical body. Everything you do creates a mark upon the mind,

and the physical body, and if you continue doing it it will soon destroy your physical body; and why? Because it may not be right for you to this extent. You may have been taught, from the time you were a child, that that particular act is an evil. Now, your parents, not knowing that the life spark that enters into a baby is ageless, and if they do not train you right all they will do is to bottle up that desire until a later date, and then it will break out in a rash; and what a rash, because it maycause you to commit a crime, a crime against the society in which you live. Evilgoodness; wrongness-rightness; up-down; in-out; what goes into what, and what comes out of what? If you have a bag and you pull it inside out, you still have a bag. You still seem to have an inner and an outer, no matter which way you turn it. A bag is a fourth dimensional object; there is no in or out, up or down, good or evil. These illusions, beliefs ... you may, if you wish, counter me with the fact that if I fell off a high place I would break my neck. Not necessarily so. Many have fallen from great heights, have had all kinds of things happen to them that according to the teachings should have put them in their graves. Authority is a very difficult thing. We do not know who is the authority apart from the individual. Lady, do you think I am wrong?"

"No, you are not wrong," answered a guest.

"I mean the lady who asked the question."

"I happen to be a Catholic. As I get to understand things more it seems to me the Catholic is a self-made law that sort-of keeps you unaware of the facts, although the priests say that the Catholic is the one and only religion that Christ left on earth. The more I study it the more I think it is a self-made law they are trying to give the people," remarked the lady guest.

"Lady, I do not wish to disconcert anyone, but I would like to say I feel that you are awakening. A wonderful thing. You are beginning to see a point of light in the dark jungle of the night, and we of the Inner Circle are extremely happy to know it. Every religion, every teaching, acclaims themselves as having the only Truth, the last word of the Great Master, be it Christ or Buddha, or Krishna, and any of them that you may think of. Each one says, 'I am it; you follow me, and surely I shall lead you to heaven.' While you are following them, they shall have their henchmen right beside you, unseen, of course to your mind's eyes, but you look upon them as mostly ordinary human beings, with their hands deep in your consciousness doing everything they can to destroy any chance of your awakening. That is the way with the witch doctors, the priestcraft of all religions. You have gct to be careful. We of the Inner Circle say this: We know not everything, by any means. We do not ever say to you to follow us, for we shall lead you nowhere. But we say to you to follow yourself. Seek you your own Path of Light. Listen, keep your ears open, keep your eyes open, be consciously alert, and Truth shall come to you, for you shall make it truth.

"If an individual desires to go to any temple, to follow any teaching, and says to himself after pursuing that teaching for sometime, that 'This is it; I have found it ... ah, sweet mystery of life, I have found you ... there is no other,' then by all means we advise that person to stay where they are. Why? Because if they even attempted to step away they would bring harm to themselves; they would be going against their own conscious belief. Take the color red. You will pardon me ... the complementary color is green, eh? If you are not capable of studying that red spot until the complementary color comes out, you shall always see red and never see green. Now,

which are we to believe is the true and only color, the green or the red? What are you going to say? Is the complementary color the green vibration that is coming away from the red, is it the true color? Would it produce the red to begin with, or would not red produce the green?

"It is a serious problem because it concerns the reality of life. Eh? Your state of awareness produced both the red and the green. Without that state you would see nothing, you would be blind ... I feel a bit of a draft. Is a door open?"

"We are closing the doors."

"Oh. I can't see, while I am operating the physical body. I can use most of the other organs, but I can't see.

"Now, I don't wish to deny anyone his pleasure, because I know that sooner or later, in his pleasure he shall also find his pain, and if I am to deny him his pleasure surely I shall have to deny him his pain. It is smug we are that we send our teachers out among the so-called savages in order to Christianize them. We, the White Man, comes with the Bible in one hand, a sword in the other, and a bit of laughing soup in his back pocket. Practically every so-called savage race upon the earth knows the bite of Christianity. It has brought a conscious awareness of guilt to the Hawaiian races of people. It has made them aware of their so-called nudity. 'Evil' said the priestcraft, and the ministers and all the other teachers - 'Evil' - that these beautiful people, with marvelous physiques, were committing a crime to walk in the sun, the glorious sun of life, without burdening themselves with clothes and hiding themselves ... they must be taught that they are sinners, they are born in sin, that they can have no hope of redemption ... I taught it! 'Only through the blood of Jesus Christ ...'"

"You've had a lot of practice?" asked a visitor.

"Quite. And when I came over here I spent years of bitterness realizing what I had taught; how many I had left with terrible complexes through the teaching of sin."

"Doesn't the Bible teach us that?" asked a guest.

"No. That is what the witch doctrines of the churches have read into it, in order that the priestcraft can make of them better slaves of the kings. What is the so-called great, or first sin? What is it? What is it supposed to have been?"

"The denial of the Holy Ghost, in scriptural terms," replied a guest.

"Let me say that you can't deny the Holy Ghost. You can stand there until dooms-day and say 'I deny, I deny', but think that if this great power of God actually exists and it does, is it going to be destroyed because you deny ... it shall cease to exist because you deny it?"

"Define 'Holy Ghost', please for us," requested a guest.

"The Holy Ghost, the Spirit of Man, the Great Consciousness."

"I don't believe that half the people who hear the remark you made know what it means," replied the guest.

"They do not. The flock ... gives me a picture of sheep, and sheep follow the leader with no asking, and over the cliff, with no asking, wherever the leader goes, without thinking. To think is a sin; don't question this power ... don't question this God, you little man; what do you know of God, only to obey the Ten Commandments; only to follow the Golden Rule; only to go to church and put your little coppers in the plate; no questions will be asked why you give it ... no questions will be asked how much suffering you will have physically by placing that last copper in the plate; no questions will be asked ... no ... let us build great and vast temples for God and the Master Christ to walk around in while the poor become poorer, live like pigs, and the teachers, the ones who wear their collars backwards, like I did, shall go smugly around with a little basket of food for this one and that one .. Let me tell you that the richest organizations in the world are your Christian Churches. We tax everything you eat and drink and wear, every bit of land you buy, but we shall not touch the church. The church belongs to God. Fine! If the church belongs to God, and this God is apart and away from you, and you have no way of understanding Him, then you have no right contributing to His welfare unless, as I said before, it makes you happy. If that is the state of mind that you are in, the awareness holds you. We do not criticize it; go right ahead; it is right for you until such time as you awaken. That is all. There is a bit of a poem that I would like to see ...

"Man is truly born immortal, but he struggles to the portal With the blindness of the mole.

He partakes of all the features of the under-going creatures That have neither sight nor soul."

"I have watched Mark for so long that I practically know everything he reads, and some of it I do not like; but that is my particular liking."

"Some of it sounds too good for him, Professor."

"Well. he will learn that there are some writings, readings, eating, drinking, that are not what is called good, but if he is living what more can we ask? We trouble over what we should or should not do; do we have the desire to do it, do it! Remember in your doing you shall get a little laughter and a little tears. Do not be unhappy. You shall know the greater things of life as you go on. That is all I can say. I hope that you do not take offense at my commentary of the churches. I can, if you wish, take you back through the history of the world and point out in actuality to you, if you wish, that such conditions have existed for aeons of time, and as far as the Catholic teachings being the only teachings that Christ left upon the earth ... can you imagine a man as great as the Christ saying, 'This is my church, this is the only church'? He was not concerned with the temples, not concerned with the churches, with organization. He was concerned with the soul and the body of man, for He knew that by the way man thinks he shall reap his own reward. But these teachings, these money changers that He drove out of the temples many times, are back in the churches today, and they will tell you that if you are not baptized you go to hell. Imagine how small a mind this God must have, that a little water tapped upon a person is going to make them glorious in the sight of God. 'I baptize you in the name of the Father, the Son, and the Holy Ghost.' Yes, you will find the baptism along the path of life, but it won't be anything like that. Many, many things this great Teacher tried to demonstrate to the people. Result is to have these teachings turned around so that the people cannot know, do not learn. I shall say only this to you before I go this evening. Concern yourselves not with someone else's doings; follow your own light,

your own star, your own path. Give love out from your heart to your fellowman at every turn, day by day; be always willing to lend a listening ear to those who call upon you. Advise to the best of your ability; if that individual does not desire to accept such advice as you may give, offer the blessings of love upon him, and go on your way. He shall be taken care of in the course of life. Fear not for anyone, and you shall never fear for yourself. Good evening, friends!" (Control withdraws).

CONTROL: Horace Mann. (To Meade Layne)

"I think I know you. Yes! My name is Horace Mann."

"Dr. Horace Mann? You are many times welcome," said Meade.

"Long ago, am I talking too loud?"

"No, you are talking in a low tone, and quite clearly."

"I have never spoken through the Boy before. They told me to call him the Boy."

"We always hoped that you might come sometime," said Meade.

"I want to say to you, sir, you have gone afield from your original way of thinking and teaching. It took much to change your mind, did it not? To get away from your orthodox beliefs?"

"Rather from my complete ignorance. I do not know that I ever had orthodox beliefs."

"What's that opinion about continued life? You felt, even as a child, I fear, that there was something besides physical living, but it was not until you were quite along in years before you had a satisfactory belief in communication between the two worlds? Eh?"

"Yes, that is true."

"I did not believe it either," said Dr. Mann. "I was primarily interested in education ... academic ways of thinking."

"Yes, you were well known in the history of education," said Meade.

"I wish that I had become better acquainted with life and death and the communication possibilities. I have many things to say to you, sir, and I will come back, if I may, and talk further to you and try to offer you some proof of my identity. I know that it must be extremely difficult to take one at their face value coming this way. It is an infection of the soul that man has not been able to bring himself at large to the understanding - not the belief - but the factual understanding that he cannot die."

"I do not myself put any stress on the proof of identity. I doubt if it is possible. So do not spend your time and strength on that rather academic topic unless you prefer, of course," replied Meade.

"It is only that I was not aware of the fact that you did not set yourmind, like so many do, onwhat is called proof. To me ... are any of my relatives here - living?"

"Any members of your family? I can't tell you, Professor," replied Meade. "We have a Mr. Lloyd Mann ... I am not sure it is of the same family. There is also a Dr. S. M. Mann, of National City, a retired doctor. The name is common ... I cannot say, without looking it up."

"May I ask you, where is 'here'?"

"This is San Diego, a city in Southern California. You lived most of your life in the east ... Antioch College. You helped to establish it, didn't you?" asked Meade.

"I look back on it now ... I think I came here on a business trip, once. It was to San Francisco ... this is San Diego?"

"About 500 miles south."

"I am told that I had better not stay."

"We are glad to have had you come. It is an honor and a pleasure to have had you come. Perhaps you can give us some helpful thoughts on education another time. With tips!" said Meade.

"With 'tips'. It is liable to hurt my sense of importance as a teacher. Please - I will go."

"Thank you very much for coming," said Meade.

"Try not to use slang expressions when you can use the right ones." (Control with-draws).

"It has been some twenty years since the Professor spoke to me through another medium," remarked Meade.

CONTROL: (unknown)

"I am Robert. My wife ... "

"Robert Montgomery?" interrupted a guest.

"I can't get my wife to feel me around her ... damn it!"

"Don't be distressed. Talk to us quietly, and let us see if we can help," said Meade.

"I try to tell her that I am alive, there is nothing wrong with me ... it is just that I had to go and get myself smashed up!"

"Do not be distressed. She will learn in time. She will learn - the time will pass - she will learn," said Meade.

"Will you suggest to her that she go to a materializing medium and I can go to her there?"

"We will write to her," said Meade.

"We were all smashed up very badly."

"Was your plane ever found?"

"Yes. If we could only realize God is good - He doesn't destroy us or keep us from one another."

"You have entered on a new life, free from pain, except for your painful thoughts," said Meade.

"That is all that is wrong with me now. She wants me, and yet is not aware of me.
... binds me with invisible ties that are stronger than steel."

"Didn't you suggest to Mary that you wanted the little baby named Roberta?" asked a friend.

"Yes. I didn't 'suggest' - I wanted ... I said that is what it ought to be."

"You must not let her love bind you too hard, too tight. She will come to realize it in time."

"All I can say now is that I am present with her - that my love is still with her - but that she must not tie herself with me; she owes a duty of love to the child, and also to living. If she ever, ever, feels it possible to marry again, I want her free ... I don't want her living in my life. Oh, God! Why did I not know of this before I came over here!"

"It is a common lot. Please try not to distress the Boy too much," instructed Meade.

"They tell me I have got to go because I can't do this to the Boy. I am sorry."

"Come again if we can help you," said Meade.

"I want to tell you that I offer my thanks to the very kind guides, and friends of this young man, and I offer him my most humble and deep gratefulness for lending me his mouth and body to use. Good Bye!" (Control withdraws).

ROUGH NOTES ON LECTURE BY

MARK PROBERT

May 11, 1950

CONTROL: YADA DI SHI'ITE (speaking first in ancient YU tongue, as usual, mentions name of 'Haziba' (Mrs. Gasque), then, in English:)

"Good evening, my friends! It is a great honor to be before you again this evening. We of the Inner Circle are so happy to see so many of you. We feel that when so many come that we are beginning to make ourselves felt among such people as are interested in knowing certain things, with the hope that these things may open the door and give them a better insight into life.

"Before I start this evening I would like first to pause and offer a prayer to my God and your God. I call my God, 'Ka'. Every race of man has a different name for what is known as God. Everyone worships this God in his own way, and each one of those ways is the right way, the proper way; for each individual feels that he is opening the path to the great Consciousness that you call God; that this Force will aid him in every way to understand life. We of the Inner Circle never hold with any one principle or idea. All of man comes under the protective force of the Great God. Even though what is called the heathen, the lowly savage, that worships idols, bows down before these idols, God hears him, too. For this idol is merely a representation of the Great Force in his mind. No man ought ever to deny another the right to worship in the way that he feels right and fit. I will return to that in a minute.

"Now I shall do my Mantram, which is to bring blessings to you from this God Force, and also will hold open the door to me and for me. Will also clear the mind of the Boy, through whom I speak, so I can have a better channel to speak to you.

(Mantram is given). "I bless the temple - Ka-Sa-Ya - the Spirit of the house, the spirit of the Temple - Ya is spirit. E-Na-Da - I cross myself this way ... it is the desire body, and I offer and ask for protection of the desire body. I mentally construct a wall around the Boy, that the forces that are not good for his progress will not get into the Boy's aura. Now, whenever anyone of you in your daily life offer a prayer, remember to ask to keep your aura clear of unwanted, undesirable forces. Many of you may not think that such asking is really helpful, that it is really necessary, and some of you may be ashamed of using prayer; but, believe me, whatever and however you may call upon your God, always ask to keep the bad energies, forces, away from you; for each day that you walk into the village, the city, great crowds pass you by, and everyone is throwing off a vibration, and this vibration is actual, and can penetrate your aura and cause an illness. You think this vibration is not actual? Did you ever try to approach a wild animal and see what happens ... try to approach your horse when you are irritated. The horse will shy away because you are sending off irritating vibrations to that animal. So, when you are exposed to crowds always ask for protection from bad energies, because when anyone is in a disturbing vibration, that vibration, if allowed entrance, can bring very sad trouble to you.

"Man -- Man -- how often we have said that Man is a great, great being! That Man comes from a great, great condition, and he still exists in it, but he is blind to it. He knows not what he is, nor where he came from, nor where he is going, nor what he is

doing. That is a very unhappy state. No wonder the world is in a mad state of confusion and chaos. It is not because man has never known these things. It is only because he has lost his way through wrong teachings. You continue to get wrong teachings, and after awhile you begin to absorb these teachings, and you begin to react toward what you have absorbed, so your life becomes one of illness and contention and general unhappiness. What is a nation? A nation is made up of individuals, and if all individuals of that nation are cheerful, are happy, then the nation also is a good one. I am only too happy that I am not living in your civilization today."

"Yada, we have some more friends coming in," said Irene. (confusion of trying to find seats).

"Is everybody all right now? Now, if you were on my side of life, if you were in my state of consciousness, you would have no trouble with all this seating problem. You think you are crowded ... you should see how many are here on my side! But we have no walls or limitations here." (speaking to the stenographer-) "You need not bother with that."

"But the people like to have copies of these meetings," replied Harriet.

"It is not important. Speaking about that, what is important? This is a very serious question. Often many people come to the conclusion that there is nothing more to think about, there is nothing important any more to life ...'so I will end my life! I want to say that when such people come to conclusions like that, it is due to the stress and strain of your civilization. The greater grows the care and worry and demand, the greater grows the strain. Not understanding the great laws of life, they observe all things from outside; they feel that what is going on is all that is, and there is no escape from the physical contention and grind of life, so they end it all.'

"This that you call your physical world is merely a small part of it. This is only one state of consciousness. There are many. This is not your first experience upon the physical plane in a physical-chemical body, not by any means. We of the Inner Circle do not ask you to take our word for it. No, there are too many puppets in the world today ... Their minds are wide open, and they say, 'Yes, yes, you are right ... I will follow you ... take me by the nose so that I can follow you better.' This is wrong. We do not ask this of you. We ask that you go and seek life yourself. That is your important, and most important job.

"It is good to listen to the ones that call themselves the teachers ... yes, listen. But do not take all that is being said for granted. Do not accept it until you have experienced what is being said. From ancient days man has built great temples --- under the law of love? No! the law of fear. 'If you do not do this way', the great temple leaders say, 'you will go to hell. This God is continually looking at you, and believe me, if you do not do this way, into everlasting hell for you! But if you do what is right ... and what I say is right ... then this God will welcome you with open arms and you shall sing everlasting praises around His throne.' Even God would be bored with everlasting praises!

"Let us try to understand life; let us try to realize that everyone is important, and that through this importance we are responsible for every act we do, and that no one can take the blame for your mistakes upon his shoulders. If man was taught that instead of the law of vicarious atonement, if he was taught personal responsibility, he would not be so likely to let his emotions and desires run away with him, getting

him to do the things that he does that turn out to be an evil to his fellowman. But no, he is not taught this. He is taught that these great masters - Christs. Buddhas, Krishnas, and all the rest of them - will gladly take his sins upon their shoulders. The great Master, Christ ... it is said of Him that He died for your sins; go ahead and sin up to your neck, then you can say, 'He died for them, let Him take them.' The Master, the Christ, never said He died for your sins. What is sin? Merely a mistake ... all through your life - all through your life you must act. Are you always sure of what you are doing? You can only learn by experience, by experimentation, so you make a mistake. Do you sit down and cry about it? You look at what you have done. and you observe your mistake, and you say 'I shall not do that again. I am experiencing life. I shall do the right thing about this particular situation, because to do right is what? - for reward? - for punishment? - No, because it is the thing of wisdom to do right.' It is intelligent, it is right living, it belongs to a man ... to love your fellowman ... and this way you have your heaven on earth before you die. Because so sure as you do not live in harmony with your own nature you take that inharmony with you when you leave this physical body. And what is the result? You might just as well never have escaped that physical body. You shall continue to suffer the same pains, the same illnesses, the same torments, the same worries. You cannot escape life through death. This great God-force gave you a brain. What for? ... to shift your responsibilities to someone else? No; that you may know what you are doing, that it is the correct thing for you as an individual to do."

"That is, regardless of whether it is correct for someone else?" inquired a visitor.

"It makes no difference what it is in the eyes of another. But remember this ... that if you, through your acts, bring harm to another, that is one of the worst things that could happen to you, for you shall have to suffer his Karma also. If you lead another into the kinds of acts that are truly foreign to his nature, and you entice or inveigle him into doing the things that are against his particular way of thinking, you are working a very, very terrible evil and you shall suffer the consequences sooner or later. Now, is there some devil, some hell, that you are bound up in with everlasting fire and brimstone? How silly! That is child's talk. You will suffer when you come to what is called the path of growth. When you reach a certain place on this path called growth, you will begin to look back and see what you have done against the harmonious pattern of life. It will be in that moment that you start your suffering. It is only when an individual wakes up that he has committed an evil, that he begins to suffer.

"You observe the physical activities of your world today. You may say that such a man as governed Germany, Russia, and every other country but your country, is evil ... they are committing evil upon the earth; therefore, you feel that they must, when they pass out of the physical body, due to all the terrible things they have done, they must go instantly to hell and damnation. And you are happy about that. Friends, it is not true. We, you and I, the heads of nations, kings, or whatever - all mankind lives by the same law. It is only when the individual realizes that his degradations of the past are truly degradations, when he begins to realize them himself, that he suffers. Have you ever heard of anyone suffering who did not have a guilt complex? You never will. A guilt complex means that that person has taken the belief that he has done something that is wrong, that he has gone against the harmonious laws of life. And this, when you start to pay, is far worse than any hell you can imagine, for when the emotional body is stirred up to such an extent with this guilt complex, the suffering is tremendous. But even these shall win out sooner or later.

They shall come up and out into the great and glorious light that you call God. God never condemns for eternity anyone, and what is eternity? What is eternity? I will tell you. Every time I open my mouth and say one word, the moment I open my mouth is eternity. You say that it is a split second in time. What is time? What is a split second? A split second is eternity, and eternity is a split second. Man observes badly through physical eyes."

"I have often thought that eternity is the everlasting NOW," remarked Meade.

"Yes, that is right. I want to say to you, before I rattle on so much ... it is said that an empty barrel makes much noise ... What have you to say to me? I will try my humble best to answer whatever questions you ask."

"Isn't it possible to make mistakes without having a guilt complex? Can one think he is guilty, and not really be guilty?"

"If they think they are guilty, they are guilty. So long as a person takes on the belief, and it cannot be what is merely called belief, but convinced within themselves ... if they are convinced that they have committed some kind of wrong, they have, whether they have physically gone through the act or not. And until that complex of belief is broken, that person will suffer."

"Very often quite innocent youngsters are put into an awful state of guilty emotion by religious teachings. They are suffering for something that was induced in them, aren't they?" asked a guest.

"It may seem, on the surface, to you, very unfortunate; but every individual that comes into this physical world comes because he wanted to. Many of you are going to object to this. That is good for you to object, and you may be correct - I do not know. One cannot see any more than one desires to see, so how can I say you are wrong to object? But to get back, a child is only a child in physical appearance, but that thing that is called the 'I', the consciousness of that individual child, is ageless. It knows every act, so-called good or so-called evil, that can be conceived of. Now, if that child has brought over with him from a former life the idea that he must pay or repent, or make up something he has done in a former life, he is very likely to take and enter into the life of such parents as would make him feel a guilt complex over these little things."

"I had in mind the teachings in many churches of being born in sin. Sometimes they work on adolescent children to repent of their sin, when they are not even charged with having had anything to do with it," said a guest.

"That is very, very unfortunate. Such teachings have brought upon the world nothing but fear and unhappiness. They never yet have had any value whatsoever, any benefit in the least, except to drive the individual deeper into fear. Nothing, from the smallest insect up to man - the thinker - ever came into the world in what is called sin. No, any sense of sin that he has he brings with him. It is a sin committed by him in a former life, and he has to work that act out, and it is not something to dread, to be fearful of; it is something for his learning. As for this idea that God has imposed a penalty upon you - that you must be forgiven by God for being born in sin ... Friends, if you wish to follow that idea and hold it to you, that is quite all right. Believe what you will, because what you will is good for you to be-

lieve. But you will then go through life with your head down, asking yourself 'What am I going to do?'

"What has happened to the race, the many races of man? Has man brought to his fellowman love? No. He has taken his Holy Book in one hand and a sword in the other, and has come down into the jungles and has said, 'I bring you the love of our great Christ, God, and if you don't believe in Him I will cut your head off. It is shameful to have a body; put some clothes on! Sex - God is ashamed of it - go hide!'

"Love, love, that is the great force of life. You, man, are born in love; you are not born in sin. This cannot be. Do you expect the return of Christ to earth in the physical form? This is what is expected by many people ..."

"Some do, and some do not," remarked a guest.

"There are many races who believe Avatar is going to return. This is not alone of your Christian teachings. No. And every one of these races believes firmly that their particular teacher is going to return and save them. Save them? Save them from what? Have you ever asked your minister, your priest, what this Avatar is going to save you from? Save you from your own stupid acts? If you put your hand in the fire you are going to be burned. The Christ can not stand by and say, 'Fire, do not burn this man because he did not know what he was doing.' But, on the other hand, you can become one with these great teachers, these Masters; but you are not awakened to that state yet. 'You shall do greater miracles than I' ... but this is whispered, so that you may not know it. The Avatar soul is in all things, is it not? So it does return, and returns again. Man returns, and returns to the physical plane, until he learns to understand what life is, and what it is about. You are your own universe."

"The Christ mind, the Universal mind is in all things, isn't it?" inquired Irene.

"That is what <u>I</u> say - the Christ mind; and that is what all mankind is striving for, the great Christ consciousness. Now, you may call it Christ; some call it Buddha, Krishna, Christos, what is language? Language is nothing but another barrier against the people, against your fellowman. Let us not meet a stranger - let us meet ourselves. For when we meet ourselves we are not very likely to have a sword in our hands."

"What is the difference in the life as we see it outside of man, in the rocks and the trees, for instance. Is it not all the same, but man is capable of becoming conscious of it?" asked a guest.

"All of life is one life. This that you call 'I' is merely at the moment a pulsation of the great electrical force, if I may use the term electrical as an analogy ... electricity flows, and it appears to flow in a steady stream; but it does not. It is a series of pulsations. It flows by the law of quanta, in pulsations. And you are, each one of you, a pulsation of the great flow. Do you think, ladies or gentlemen, that you are different from one another? You are not. It is merely the physical body that is different. But this life, the life energy, is one and the same --- it is neither male nor female.

"Friends, there is so much to learn, and you need not trouble yourselves about the speed with which you learn it. You have eternity - in which to learn it. But do

not believe that this thing called life is a simple thing; that the leaders are right when they tell you not to question -- that you should just bow your head and say, 'Yes, Yes'. This is not right -- this itself is an evil. Question, question, question! That is the only way you are going to learn, the only way you are going to awaken. And it is important to you that you awaken and as soon as you can, for your own good, for your own state of happiness -- equilibrium."

"But you say that when we awaken we start to suffer?" asked a guest.

"Yes, and that is good, but, nevertheless, you must strive to get beyond that."

"Man, as we know him today, has a certain shape and form. What have you to tell us about the men found in the space ships being only three or four feet in height. Are they the same as our men?" inquired a visitor.

"This question of the space ships ... this sky phenomena that has been driving the human race madder than they are ... it shall continue to be like your religions, a controversial subject --- one of the great illusive problems of life. The more important thing, and far more important, is not to try to find out whether these beings weigh five or six pounds or are three or four feet tall; the thing to try to find out is why they are interested in you. What are they flying around your sky for? What are they looking for?

"Of course, it is the intelligent thing today to blame it upon your enemy: 'These things belong to our enemy, Russia'. Though lately one of your enterprising radio speakers was clever enough to say they belong to your country. Think what an effect of fear that would bring to the Russians! If they had gotten that idea first, what fear it would have brought to your country! It is a very good thing to use a whiplash upon the people, but I would be extremely careful, because it can bring panic among the people. These aircraft are not what you people suppose them to be. They do not come from Russia; they do not come from any part, any terrestrial part of the Earth. You may better understand, although I doubt it, if I call them 'Etheric Ships'. They come from the world unseen, this that you call space, this that you call atmosphere, this nothing that you walk around in. But I do not wish to sow any seeds of contention among you. I wish only to tell what we of the 'Inner Circle' know about them. And I can say that they are going to come in greater droves very soon. So, if you are the scarey type, you had better hold on to your seats!"

"Will they follow the same path?" inquired Irene.

"No, they are quite like humans -- they do not like monotony."

"You are laughing at me, Yada!" said Irene.

"No, no, I am not, by any means laughing. They take many patterns, and their work and the idea of their coming is to make record of doings upon the earth; and not only that, but of the condition of the earth. But they come not only to the earth, to your little speck in the vast cosmos ... no; they travel through many of the great galaxies, through what is called the Island Universe. They do seem to take certain patterns, but they change those patterns according to what they find necessary to learn. Let me explain a little further. When I tell you this, then you may ask, 'After they get this information what are they going to do about it?' They take this

information and hold it on record until such time as the present civilization, the present earth condition, has passed, and another civilization rises up in its place, as it has time after time through all history. Then they will pass this information back to the people of the rising civilization through the great secret organizations, the mystic orders, which exist on the earth today and which shall exist at that time.

"Please, I must go, because the energy I use through the boy is ebbing away, and I must allow it to be brought up again by a new voice -- one of my very honorable colleagues of the 'Inner Circle'. Please be patient ... I do wish the blessings of your God and my God upon you." (Yada withdraws)

CONTROL: PROFESSOR LUNTZ:

"Good evening to you all! It is a pleasure to be here this evening, and I am pleased to see so many of you. We of the Inner Circle hope that you shall continue to be interested until you become bored ... and then you may leave, because there is nothing worse than being bored. It is said that even the Gods become bored. That is why there is nothing permanent in life except change. If you can live with this idea, then you shall be more or less happy. Nothing shall affect you to such a great extent that you shall either, as you say 'go into stitches' or that you shall weep to such an extent that it breaks your heart. But rather you shall keep an equal state, a state of equilibrium. That is most important for your growth and general advancement in the physical world. I want to say this -- and it may be of some help, although I know that you are going to ask me how do I know -- you need not trouble yourselves about a war. There shan't be one for a good long time; at least not an open war, not what you call worldwide. No, Russia is not desirous of an open war. It has never been her policy, and the quicker the people here in your country awaken to that fact, the quicker you shall bring your worries to an end. Her policy is, and always has been, to take a country in one lump sum. And the only way they can do that (and they know it) is to undermine it ... eat it out from inside, not from the outside in. They realize only too well, like the Hindu, like the great Mahatma, that violence never gained anyone anything, least of all the kind of violence that can be let loose on your world today. These what I call 'undercover' men and women for Russia are working silently among you at all times. Of course, if you like the Russian way of life, then complain a lot more about the way your government does things. It encourages the Russians. It brings them much heart.

"Now, the Russian people are no better, no worse, than any of you ... they are human beings, not monstrosities. Each country, the heads of each country, have a way of putting out propoganda that the other nation is a nation of monsters. They are not. The Russian people are quite a bit in bondage to their government, but I have heard it said in your country (through the ears of the Boy) ... 'My country, right or wrong!' Would you think that a proper policy for the Russians to take if they realized that the attitude and the general policy of their country was wrong? Should they still hold to that policy? 'My country, right or wrong!' That sort-of talk has to be cut out and cast out of the teachings of the American people. Do you think it is an intelligent thing to make friends of people who are desiring wrong things? 'My friend whether he is a criminal or not!' You know where that would land you soon? In the blinking jug, to use the phraseology of the 'Limey'.

"We of the Inner Circle do not like to talk about such things. We are not interested in politics and the political squabbles of the world. We don't care except inasmuch as our words may cause an individual to think a little deeper than the material way of living. We come and we spend years in preparing this Boy that we may talk to you, not over politics, and surely not against anything as being against it ... but rather, to bring it out into the open and show it to you for what it is worth. Here in your country you have two factions, one called the Democrats and the other the Republicans. So. every four years you have a general dirty battle, a mud-slinging. It seems that the ones in power intend to hold the throne, as long as possible; and they will rake up every dirty thing about the opposing forces; and those acting for the opposing forces, standing on the outside at the present time, will dig up every dirty thing they can about the other ones. They will air the laundry -- not because it is something necessary for the man in the street to know -- they will bring out the most intimate past life of the man who is striving to become president, be he Democrat or Republican and it looks like he is going to make it .. they will dig right into his past, right down to the time when he cut hookey from school, and they will say he is nothing but a reprobate -- he didn't want to learn anything, and he's still stupid! Where are you to get under such circumstances! Competition is good, say the Americans, but why make it downright nasty? Why hit below the belt? The American heritage is one of pride, and one can't be very proud of such goings on!"

"Would you say we are an adolescent country, not matured yet?" asked a guest.

"No, not necessarily. It is just this spirit of competition. It shows up in your boxing, your racing, your sports; any means to win. A sport is not a sport when that takes place; a man cannot win on his merits, neither can a horse. I never thought I would be talking about horse-racing, but horse-racing is a part of life, too. A man cannot make a horse dishonest, but he can keep him from being honest."

"Have you got any good tips on the races?" asked a guest facetiously.

"Well, sir, I would advise all who place a bid upon the horse to ask the horse first whether he is going to win, and depend on what he says in placing your bid. Otherwise you are supporting the horse, and probably not supporting your children and wife at the same time.

"Friends, believe me, I am not trying to be moralistic, not trying to tell you how to live, but merely suggesting what may be a helpful way. You must find it by bitter experience. Only, there is no such thing as bitter experience, for that is the only way you can live and learn and enjoy life."

"Do we all have to go through the horse-racing kind-of defeats ... some of us do not want to," said a guest.

"My dear, you never do anything you do not want to do. We may say we do not want to do this or that; nevertheless it only appears on the surface that we don't want to. Everything that happens to us is due only to our particular way of thinking, and that we act according to that thought, we may say to ourselves, 'I did it subconsciously, or unconsciously... I didn't mean to do it.' In the world of psychology these are good expressions, 'sub-' and 'super-' and 'un-' -- good excuses! It is like what is called in many of the occult schools - Karma. Many people who enter into the learning of the Ancient Wisdom come across this word Karma, and they will start pursuing it

and they will believe that Karma is something that must be escaped. Every time you are making a motion you are creating Karma. It is the law of cause and effect, or effect of the cause ... to begin with, in order for you to find out what is the cause of a thing, you would have to know what the First cause was."

"It is the first Karma that conditions you to form the reaction?" inquired a guest.

"You merely live, my dear, and that is the important thing. You must act. Yes. You act by your thoughts."

"But is not thought caused by Karma?"

"If you so desire you can go into the kind of discussion that will take you in and in and in and in until you find yourself so far in you will never get out. Throughout the ages, man, with all his great philosophy, has been beating his brains out for answers about good and evil, right and wrong. He needs no answers. Every act he commits is an answer to what he is asking. How can I say what you do is an evil? How do I know? I become the judge if I say it is an evil. Your Master, the Christ, said 'Those among you without sin, cast the first stone.' Did you notice the Christ casting the first stone? Why did Christ not cast that stone? Did He stand off to the side, and close His eyes, and say, 'I mean you ... you ... those among you cast the first stone -- I am not going to let you know whether I have sin upon me or not'. My friends, these are the things I taught at one time. Jesus the Christ was different than any living human being. He could not possibly suffer as a human being. He was above sin ... above wrong ... In other words, He was above living! For it amounts to the same thing. And I left that kind of teaching with the people when I was there! When I came over here, until I met and was taken into the Inner Circle, I was wandering around with a terrific guilt complex, wishing and wishing that I could go back and make corrections, explaining that this man Christ was a Great Being, but no greater than you shall be. You have within you the Christ seed, and if you have it within you, you can't be any less than He. Did He ever say, 'Look at the wonders that I perform'? No! Rather, He said 'It is through my Father which is in Heaven that I do these things. You can do even more.

"However, where is this Heaven? Some place that you are going to? No, some place that you are already in ... here ... it lies within you, and your Hell lies within you, too. 'Jesus wept.' Yes --- because He could not get it into their heads that they were great beings, and they must awaken to that; if not they were going to suffer pain and agony for physical acts until they did. He tried hard to let them know this."

"Do you think that you can tell them such things now?" inquired a guest.

"I do not. I shall not even begin to feel such conceit, Sir. How can I? We of the Inner Circle manage to contact a mere handful ..."

"But do you not think that handful accepts your words?"

"Yes, I do. We have seen wonderful things come about through our teaching."

"I, for one, can testify that it has been extremely helpful, very valuable," said the guest.

"Thank you, Sir. But always we prefer that actions express what we have attempted to do and the success of it. It is signified by the general attitude of the individual, and the way of his life from then on ... not according to our teaching, no; but according to the way they feel - that if what we have taught appears to them good, and they act accordingly, they feel happy and bring much happiness to those among them."

"Is happiness all we are to strive for?"

"It is a great thing - happiness - but it is not all of life. A monkey is happy, too. We come with the hope of awakening those who are already on the border of being awakened. We may speak before a vast audience, and if our words reach five out of five hundred or five thousand, we feel that we have accomplished something. If we reach one to awaken him to his importance to life, we shall indeed have accomplished something. Man does not grow in herds. No Teacher ever said that He was going to save the world. This is the mumbo-jumbo of your teachers ... He came, your Christ, like all great Teachers have come down through the ages, not to save, but to awaken. Do any of you see fit to deny me? Would you like to debate it? It is up to you and you have the privilege of saying I am wrong."

"We don't all feel that it is true, but we don't want to go into a lengthy discussion," replied a guest.

"My dear, I have not had the honor and pleasure of meeting you before ... I do not know what is your way of life ... more, I would have no desire whatsoever to intrude on your way of life by so much as a word ... I want to say this only, that I am willing, and possibly able, to debate any subject along any line that anyone wishes to talk about at any time. I am not bragging. It is stupid to brag. I merely make the statement. If any one of you would like to confer with me, if you do not care to bring it out into the open ... this is not a controversy. No subject should ever cause an individual to rise up in righteousness and wrath at the other man; man should be able to sit down and talk intelligently with his fellow man. Why? Because no one knows whether or not they are right or wrong ... and I am surely grateful to you for saying so.

"I have noticed that the American people are not so prone to become rabid about anything. Things sort-of slide off him. I notice also a very odd thing. I have never been able to understand it -- among the American men. Please pardon me ... when two friends meet, one will call the other quite a name. They will say, 'You old so-and-so, I haven't seen you for quite a time.' At first it was a bit shocking to me. It may seem a terrible thing in your country to use the word 'bitch', but a bitch means a dog, and I don't see why you seem so concerned about it."

(Laughter).

"It is, indeed, my friends, a happy world we live in. It is not something to be afraid of. I wish to say one more thing. No matter where you go, no matter what books you read, the deeper truths of life are never written. No teacher can tell them to you because they are your own. You must find these deeper truths for yourself. What more have you to say to me?"

"Professor, you said before about the other man's opinion ... how do we know whether he is right or wrong. But if a person continually speaks of fear and destruction - how do we know whether he is right or wrong?" asked a guest.

"You don't. But there are some people so constituted that when you talk of these things they listen to you, you win their full attention ... it is exactly as though you were weaving a hypnotic spell upon them. What is happening is not worry. You worry about what is going to happen, and it never turns out to be as bad as it appears. You may complain about one very dear loved one becoming terrifically old and suffering from great agony. Be compassionate, be understanding, be helpful to that individual, but don't believe that it is necessarily an evil thing that is happening to him. He or she is learning something by that suffering. Perhaps they have done something down through the years that has brought that suffering upon them. The body can stand only so much kicking about, because it is chemical by nature. Frustration, yes ... all your civilized world today suffers from frustration. This brings on illnesses of the body. How does it work? It creates tensions throughout the body. These lines of force, these stresses, are actual. They work upon the nervous system, and then upon the muscular system. The first thing you know you have heart trouble, or lung trouble, or many of your other ills. There is no such thing as a disease that has not been brought about by the mind. Now, will some of you disagree with me on that?"

"No, you have taught us too well," replied Harriet.

"No! You have taught yourselves too well."

"Can you think yourself out of ill health?" asked a visitor.

"My dear sir, it is not a matter of thinking oneself out of ill health. That is not the exact approach. It takes something more than thinking, as you know it, because you didn't get yourself ill by thinking as you know the term 'thinking.' You have what are called five senses, although you will soon find out you have more ... one of these times you will learn that you have many more. You will also learn that your psychologist needs psychiatric treatment when they say a person who suffers from this ill or that ill has acquired it through his subconscious ... because there is no subconscious. There is only conscious -- man can neither become sub- or un-. That word 'un' is a little disconcerting. Imagine being un-dead ... you can say un-alive!"

"What about unhappy?"

"It does not exist. When you use the word unhappy you are painting a picture in your mind of resentment against something you do not want to learn."

"Please go on about this thinking yourself out of illness. Isn't it cause and effect, by following wrong foods and health habits?" inquired a guest.

"Most assuredly. Your wrong thinker is going to do everything else wrong. Your whole thought becomes a wrong thought, and the whole process of thinking becomes negative."

(Turning a ring on the Boy's finger) "How can this be mine, or his ... it is not mine at the present; I am just borrowing it. It doesn't belong to the Boy, either ... he just borrowed it. Anytime anyone says you or they own anything, do not believe it ... you have just borrowed it."

(Still turning the ring) "This does not hurt. This has no feeling to it whatsoever. Now, you may argue me the point that if you should step up to me and stick me with a knife or a pin (back in my time the ladies carried hatpins because they did not have the ability to be so sharp in voice as they are today in warding off the ardent swain)... But how can a chemical action suffer pain? It is not the body that suffers, it is the mind ... it is the personality ... the ego is being affronted."

"What can you do about it?" asked Harriet.

"You can learn not to be afronted, and that is quite easy if you train yourself a little. To begin with, you want to learn the art of what is called patience with all things. You will notice that, while you are suffering, if you become impatient with it and wish to get it over in a hurry, it aches that much more. You become irritable, you feel like you can't stand it. But after a while, you train yourself, you can leave your entire physical under the illusion of physical suffering, physical pain, and bear with it and do great works while you are bearing with it."

"Is it necessary to bear with it?"

"It is necessary to arrange your thinking so that you do not bring it upon your self. However, after you have, and you wish to escape it, learn the laws of control of mind over body, over matter. There are various methods of going about this. One of them is in proper breathing. The blood stream carries all necessary nourishment, and supplies chemical supplies to the various organs throughout the body. The blood stream is operated by the mind, again. Let us prove if the blood stream and its activity is not under the jurisdiction of the mind. Come around a corner all of a sudden, and run into a nice, big bear ... or a lion ... or your wife (when you have another lady with you!)"

"Same thing!" remarked a gentleman visitor.

"Quite. What happens? Immediately your heart begins to thump, the blood begins to rush to keep the heart from thumping too hard. The adrenal glands go into action; otherwise, if the supply of adrenalin did not go into quick action, you would die. After you have come over here you will wish you were over here before you came. Death is not something to fear. However, I will try to point out that the mind is the complete controller.

"Now, you take breath ... the breath of life ... it is truly electric; for as you breathe this breath that goes into the lungs, the blood is freed of its poisons and it goes through the blood stream before it returns out again. Can you imagine how fast that has to travel? Nevertheless, you can take a deep breath, and when you are suffering you can direct this breath, or what is called prana ... life force ... to the part of the body that you have pain ... mentally direct it ... to rid and take out that pain from that part of the body. I do not expect miracles over night; but I can assure you that with a little practice, if you will do that and do it three times, deep, through the nostrils and back through the nostrils again (although there are some schools that say to take it out through the mouth) directing that breathing consciously, for consciousness is the God force, your suffering shall stop."

"That is a very helpful suggestion."

"There are also certain words that I can't give out at the present time, and there are certain passes with the hands, that can be used; and don't say that you can't do

it ... that only Christ could do it ... for did He not say that ye shall do better miracles than he?"

"Did you say you could disregard the laws of the physical and work only with the mind?" inquired a lady.

"My dear, it depends largely on what you know, and I do not mean what you believe, but what you know you know."

"I know what I experience."

"All right. You can do with the body as you so choose when you learn how to do it. Let us speak of them. There are medical cases, medical records, where individuals have lived a seemingly normal life, and when they passed out of the physical body it was discovered, to the dismay of the many of the medical people, that they had no physical brain ... that it had, by disease, been eaten up. Now, if you doubt this, go and seek in your medical books. You will find out ... there is plenty of record. Proof is only what you believe ... not what I show it to you to be. If I should be a slight-of-hand artist, and produce, out of the air, a couple of apples and oranges, and then I go like that (motioning) and they disappear, am I proving to you that these apples and oranges did exist, or did not exist? If you feel, within yourself, that this 'I', one known as Professor AlfredLuntz, is speaking to you, is it because anything that I say or seem to be saying through the lips of the Boy is proof, that I am proving it to you? No, you are proving it to yourself. I can't prove anything to you, and you can't to me. It is 'I' that must find the proof within myself, the same as you.

"So if you believe in an external heaven or an external hell apart from yourself, and a God who exists apart and away from you, and who is your judge and that what He has laid down, which you believe He has laid down ... that you have broken these laws ... then, by all means, you have broken those laws; and there is such a God, such a devil, and you shall be very happy in your own belief."

"You said it is all a state of mind. Can one drink a quart of whiskey and not get drunk?" inquired a guest.

"Yes, my dear, and one can also drink water and believe they are drinking whiskey ... I could give to you a glass of water, under hypnosis, and tell you it is 100-proof."

"I am not talking about hypnosis, but about the normal state. Though I do not know what a 'normal state' is. I do not see how a man who drinks a quart of whiskey would not be affected by it."

"We will first assume that we know what is called the normal state. It appears to me that this normal state is merely the everyday living you go through, following the kinds of laws and living the kind of life that you have been taught about in the most orthodox way, that the brain is capable, and the only way that man can possibly live in the physical body is by having a physical brain...that an individual drinking a quart of alcohol must suffer the results."

"I am talking about the average, now!"

"I shall say to you that if he drinks a quart at one time he will not only be drunk, but he will die if he is not accustomed to it; and if he puts his hands in the fire he will burn himself; because he has been taught that these are the laws and that he can't escape them. If he gets sick of a certain disease called cancer ... I will tell you what cancer does ... even though you haven't got it, the mind will get it by the way the medical society keeps drumming into the people ... if you feel a lump anywhere you have cancer ... rush right down and put your money in the Cancer Fund ... we will make a research ... Let me assure you that there are several ways of curing cancer that are absolutely good. I do not wish to bring up controversial subjects such as that the Medical Society is trying to grow rich ... no more would I say that the Christian churches are trying to grow richer than they are ... all through the stupidity of the people who will not acknowledge, they will not find out for themselves, because they are taught by these societies that there are no cures for cancer, tuberculosis, arthritis, and the only hope for everyone is to come to my particular religion - ah, these are what I call the witch doctors ... the medicine men are among us. Surely, surely to heaven, when an individual is suffering agony through cancer you will say, is it possible that our doctors would be so inhuman as to not offer a cure? That is merely a small part of man's inhuman way to his fellow man ... it is only an iota ..."

"Haven't they found various cures already?"

"Yes, my dear. Yes, indeed. But these are called 'quacks.' I know there is a great deal of strife going on over socialized medicine. I do not think it is a good thing for your country, but I do believe that some regulation should be put upon the medical societies so that a man can get attention without having to be degraded ..."

"A man should have a right to choose his own doctor," said a guest.

"Fortunately there are still a number of very honest and sincere men who are doctors and ministers. Fortunately for the people at large ... heaven only knows what would happen to the people if this were not true that there are these few! I have covered much ground. Pardon me, my dear. I want to say, with all my talk, we wish no offense to any of you, nor to any of your beliefs; whatever you believe in, for goodness sake follow it, for if you tried not to follow it you are committing unto yourself an evil."

"Be true to yourself?"

"Precisely. I once heard one of your comedians say 'prexactly'. I get a chance to listen to your radios ... such things as these you now have ... if you had said that you could talk with someone across the United States, across London, across England, across New York City ... "

"Just through the air - not even a wire ... "

"In my time they would have burned you at the stake ... they used to rant and roar, and I did my part of it. 'Man was not made to go 25 miles an hour' ... 'God will not tolerate that sort-of nonsense' ... 'A mere fad, it is not here to stay' ... now with your automobiles and airplanes you are killing millions of people ... "

(Personal question from the audience, having to do with childbirth)

"Do X-rays harm the foetus, Professor?"

"X-rays are decidedly a detriment to the physical body if they are not used with the utmost care. Radium does not kill any growth in the body without also, sooner or later, causing another and more dreadful condition. In the operation on cancer, once an individual is cut into there is no hope whatsoever for that individual; sooner or later they shall die of cancer. So do not feel that you are being aided when they tell you that if it is discovered in time they can cut it out. I could tell you a lot more about cancer, but I shan't do it at the present time.

"If we human beings called adults could just be like little children with one another ... instead of having secret motives for our becoming acquainted with one another, or believing that someone has a secret motive back of what is presented. Why can't we reach out in love and perfect understanding? Whatever you have is mine, whatever I have is yours ... neither one of us owns anything ... Please be calm, my friends, be cheerful! An atomic bomb will not kill you any deader than a 22-bullet. Good evening." (Control withdraws).

CONTROL: YADA DI SHI'ITE

"Haziba."

"Yes, Yada ... "

"I have returned for just a moment. I wish to talk with Haziba. I want to say that if it is convenient for you we shall be prepared for some hour in the afternoon ... whatever hour you choose ... "

"How about two dclock?"

"At your convenience. I know that the Boy shall do as we feel is right."

"Thank you very much," replied the guest.

